



Crossroads Health

Restoring hope • Healing lives • Preserving futures

The Lake County Jail Treatment Program

A Year in Review 2019

History of the Jail Treatment Program

In August of 1993, six inmates were identified as the first, of what would be many individuals, to be served by the Lake County Jail Treatment Program. Representing the culmination of years of collaborative efforts between the Lake County Sheriff's Office, the Lake County Commissioners, The Lake County Court of Common Pleas and its Adult Probation Department, the Municipal Courts of Lake County, their respective Probation Departments, the Lake County ADAMHS Board and Lake County Sheriff Daniel A. Dunlap, the Jail Treatment Program embarked on the beginning of an innovative approach to substance abuse treatment. The program was designed as an Intensive Outpatient Level of care, offering services for those that may not have possessed the resources for this necessary treatment otherwise. In the first year of operations, the Lake County Jail Treatment Program was able to provide treatment for 160 individuals. The Mission Statement of the Lake County Jail Treatment:

“To provide chemical dependency treatment to inmates in the Lake County Jail, helping them to develop the skills necessary to maintain the ongoing process of recovery.”

In November of 1994, the program admitted its first female client, representing a significant policy shift; this shift allowed the Lake County Jail Treatment Program to bridge a gap, to ensure that services were also available to incarcerated women. Since its inception in 1993, the Lake County Jail Treatment Program has continued to grow; in 1997, an additional counselor position was added and specific treatment ranges were identified for both male and female clients. Currently, the Lake County Jail Treatment Program is able to house and treat 24 male and 12 female clients.

In addition to expanding the services within the Lake County Adult Detention Center, in a joint effort with the Lake County Adult Probation Department, clients are also able to receive Aftercare services at no cost to them. This was made possible through a grant that was secured and maintained by Chief Probation Officer Craig Berry and Community Corrections Coordinator Jerry Retter. This grant contracts with Lake Geauga Recovery Centers to provide vital follow up care regardless of an individual's ability to pay.

Transition of the Program

In September of 2019, Crossroads Health, was proud to be able to continue the great work of the Lake County Jail Treatment Program. With support from Lake County Sheriff's Department, the Lake County ADAMHS Board and many others, Crossroads Health is working to be able to continue this invaluable service. Particular thanks go to Sheriff Frank Leonbruno, Captain Cynthia Brooks, Lake County Adult Chief Probation Officer Craig Berry and Community Corrections Coordinator Jerry Retter whose guidance and years of experience with the Lake County Jail Treatment Program made the transition possible.

In this transition, Crossroads Health was able to retain clinicians who had worked previously under the Lake County Sheriff's Department, Sue Teague and Kim Erb. Their experience within the program has helped to maintain its integrity while also lending assistance to its growth. Additionally, Crossroads Health was able to introduce new staff as well; Erica Patfield has come on as the Jail Treatment Program Clinical Supervisor, Linda Verba and Staci Newring offer their expertise as primary therapists over a male and female group respectively.

Since September, Crossroads Health has been able to bring some other new faces in to supplement the lecture schedule. Specifically, new relationships have been forged with SMART Recovery and Thrive, a peer support organization. Other lectures have been maintained from Lake Geauga Recovery Centers, Lifeline, Signature Health and the Lake County Adult Probation Department. The goal of these lectures is to ensure that clients are educated and linked with the necessary resources to support their recovery upon release from jail.

Finally, Crossroads Health was able to implement a new evidence based Cognitive Behavioral curriculum that addresses addiction, mental health and criminal thinking patterns, designed for an incarcerated population. This curriculum allows consistency across groups for all clients in the program and serves to further enhance the wonderful clinical services that have been being provided.

The Lake County Adult Probation Department continues to maintain the grant that allows for any Jail Treatment Program client to receive Aftercare services at no cost. Lake Geauga Recovery Centers has continued with that grant contract offering an invaluable service. Referrals for aftercare are made based upon client needs and preference as well as their residency. Within Lake County referrals most frequently go to Lake Geauga Recovery Centers, Signature Health or Crossroads Health. Through close collaboration with the jail liaisons from Signature Health and Lake Geauga Recovery Centers, Crossroads Health is able to ensure that all clients have a comprehensive clinical plan to promote and support the success and recovery of all clients who come through the Jail Treatment Program.

Description of Programming

Clients' journey through the Lake County Jail Treatment Program begins with a diagnostic assessment, during which, information about their history of drug use and mental health is collected. All clients entering the Jail Treatment Program have been assessed and diagnosed with a Substance Use Disorder and must be determined appropriate for services. Entrance into the Jail Treatment Program is voluntary. The Lake County Jail Treatment Program is designed as an Intensive Outpatient level of care, meaning that there are 9 hours of group counseling sessions performed weekly. These group counseling sessions are facilitated using an evidence based Cognitive Behavioral curriculum. Other services available include: regular lectures, educational films and individual sessions.

Group Counseling Sessions: These sessions occur 4 days per week, Monday, Wednesday, Thursday and Friday adding up to 9 hours per week.

Individual Counseling Sessions: Scheduled at various times throughout the week, counselors meet with their clients for individual sessions for 30-60 minutes weekly. During these sessions more individualized interventions are utilized to ensure that all clients' unique needs are met.

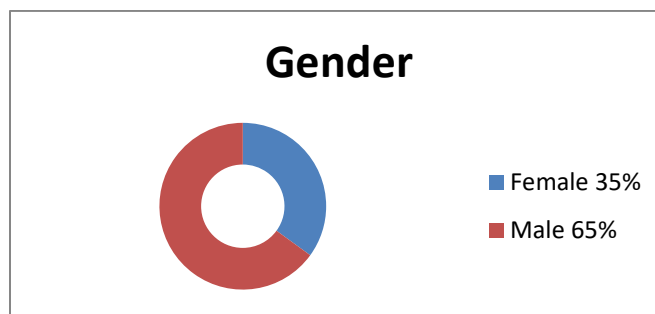
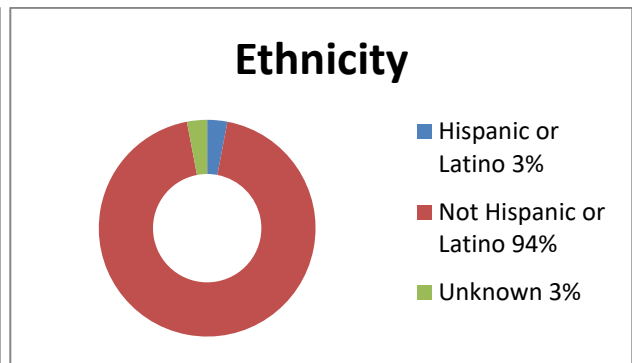
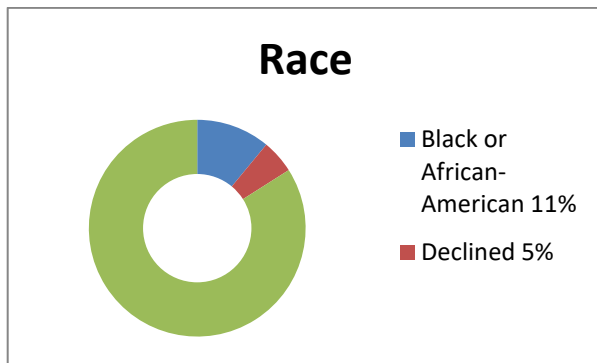
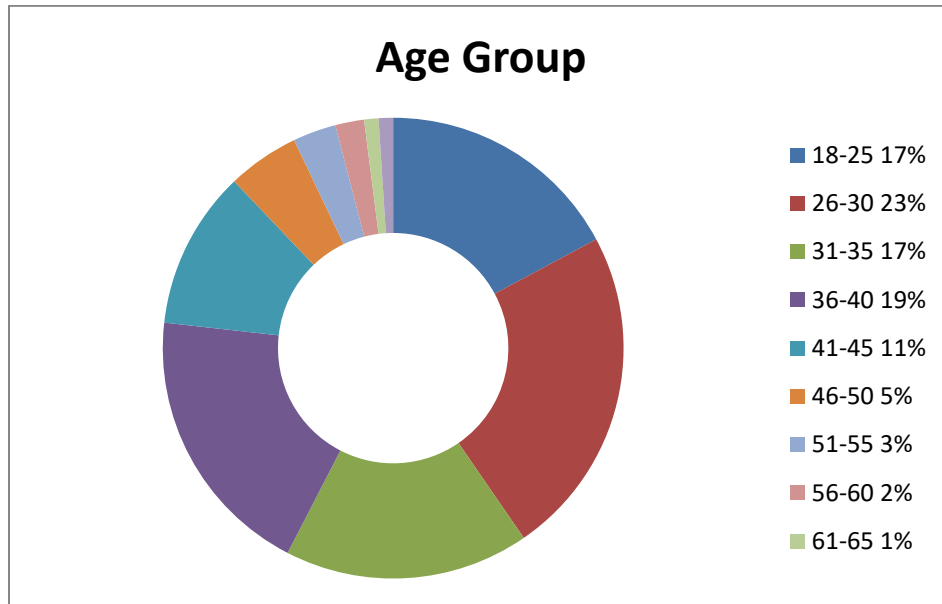
Lectures: Clients typically receive 1 hour lectures 3 days per week. Topics range from education related to substance abuse and mental health. Clients also receive information about resources and agencies within Lake County that will promote their health and sobriety upon release. These outside resources include presenters from: Lake Geauga Recovery Centers, Lake County Adult Probation, Lifeline's Re-Entry Program, Signature Health and Crossroads Health's Outpatient Programs.

Educational Films: Clients view an educational film on Thursday mornings covering topics including: the biology of addiction, risky drinking patterns, the Opioid Epidemic, Amphetamine Addiction and 12 Step Programs. These films are then processed in the Thursday afternoon IOP group.

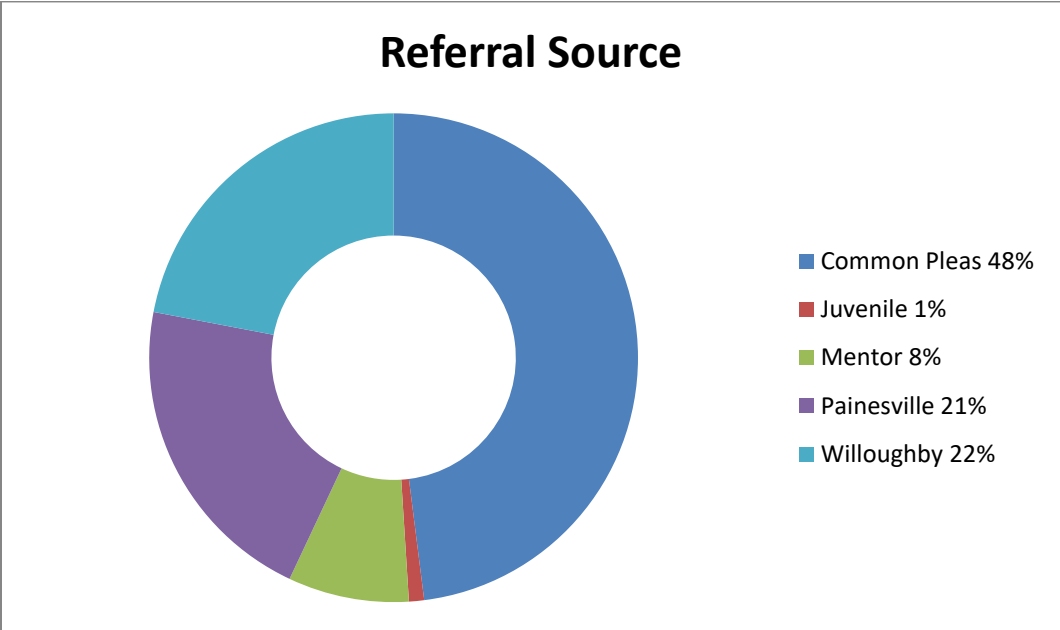
Case Management and Crisis Intervention services are available as needed, provided either by JTP staff or through coordination with the Crossroads Health Forensic Mental Health services, also located in the Lake County Adult Detention Facility.

Program Statistics

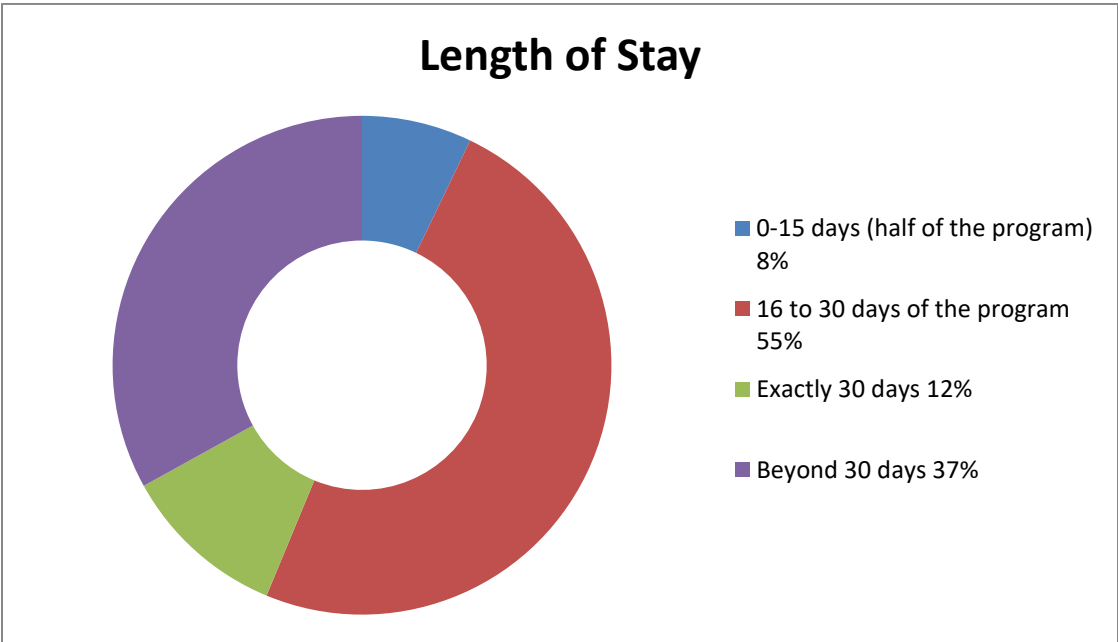
Program statistics, available for report by Crossroads Health, were collected from September through December of 2019; these figures are based off of 167 individuals that were served in the Jail Treatment Program during that timeframe. All indications are that the flow of individuals coming through the program has been consistent through the transition and that these figures would be representative of the hard work that occurred earlier in the year.



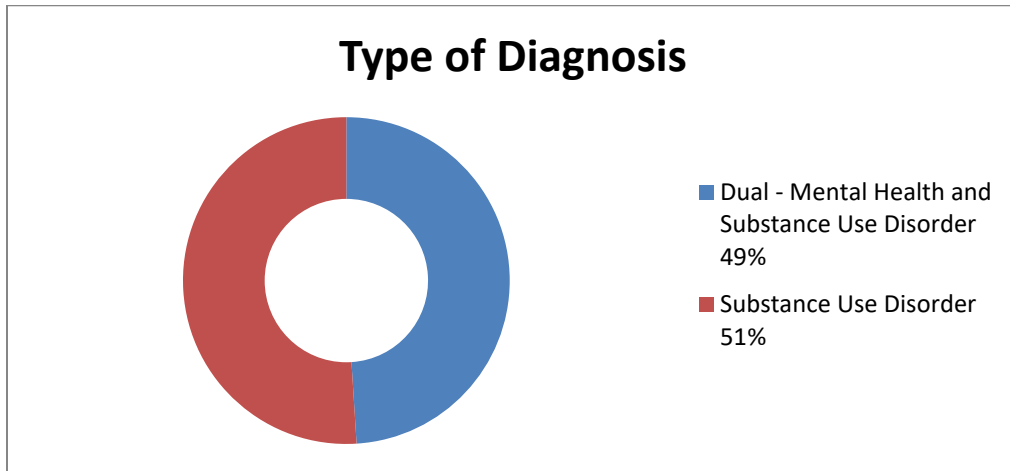
All individuals that come into the Jail Treatment Program must be referred by their sentencing judge. The Jail Treatment Program is a part of their sentence; most commonly individuals are sentenced to enter the program for the final 30 days of their incarceration.



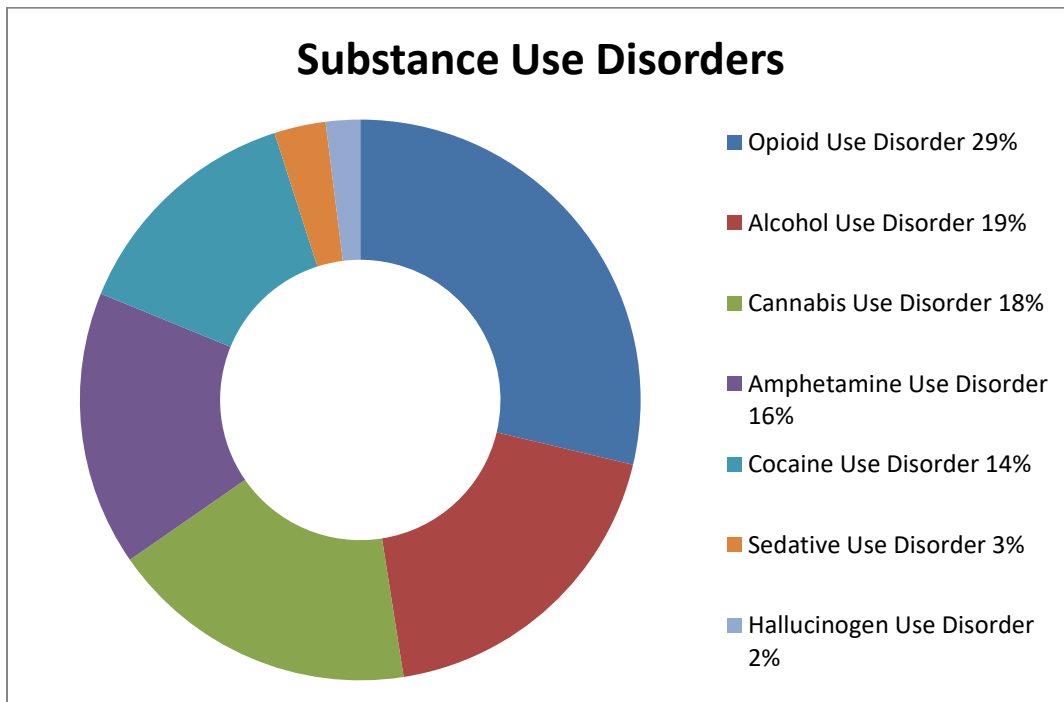
The Jail Treatment Program is designed as a 30-day program. It is the goal that all individuals are able to benefit from the full length. Individuals that present with the highest risk level or severity of need are prioritized.



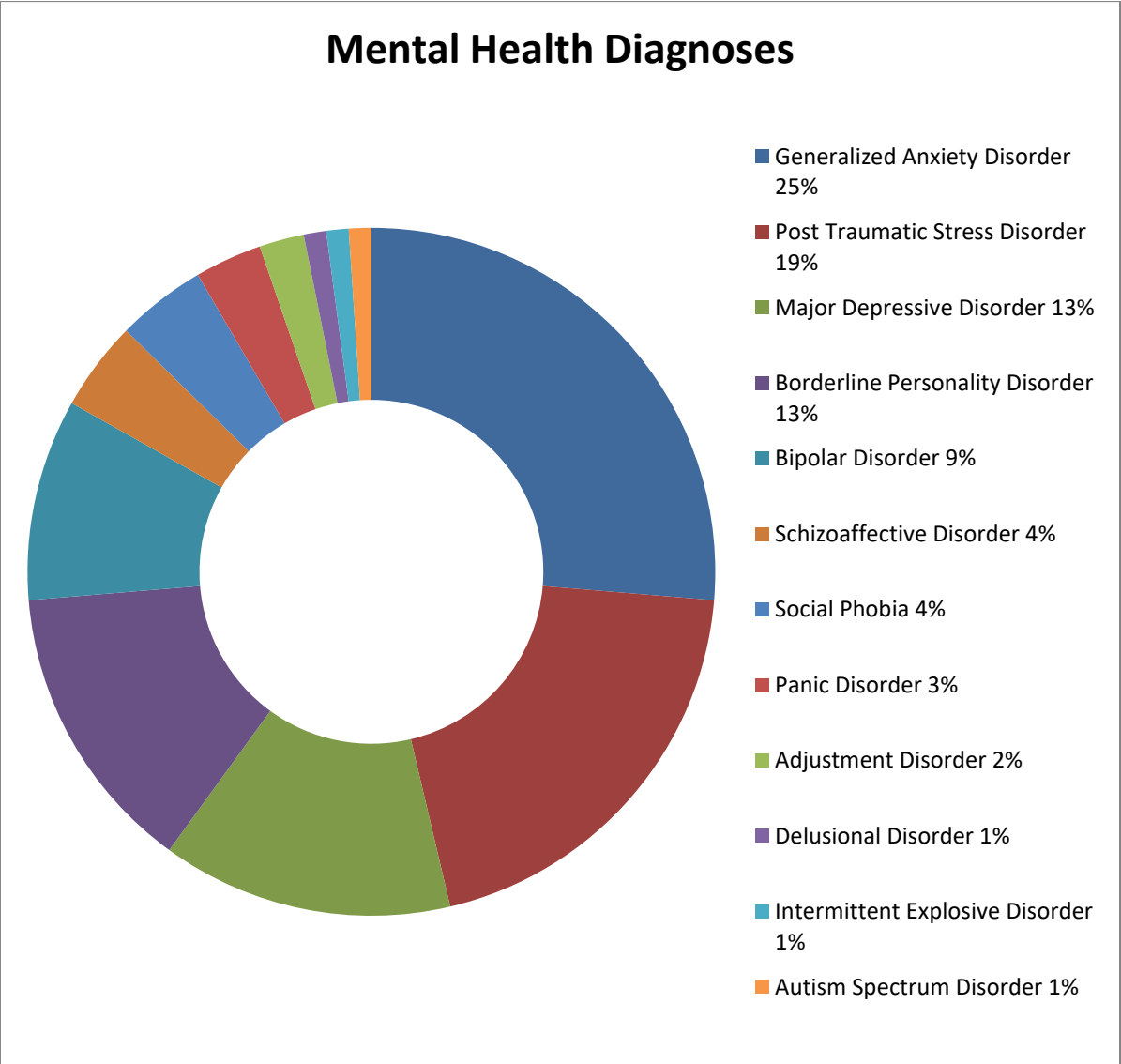
One of the additions that Crossroads Health has been able to make is the offering clients a mental health evaluation, if applicable, while they are in the Jail Treatment Program. Clients receive these assessments either based on their report of mental health history in their assessment or if a primary therapist is observing mental health symptoms during their group or individual counseling sessions.

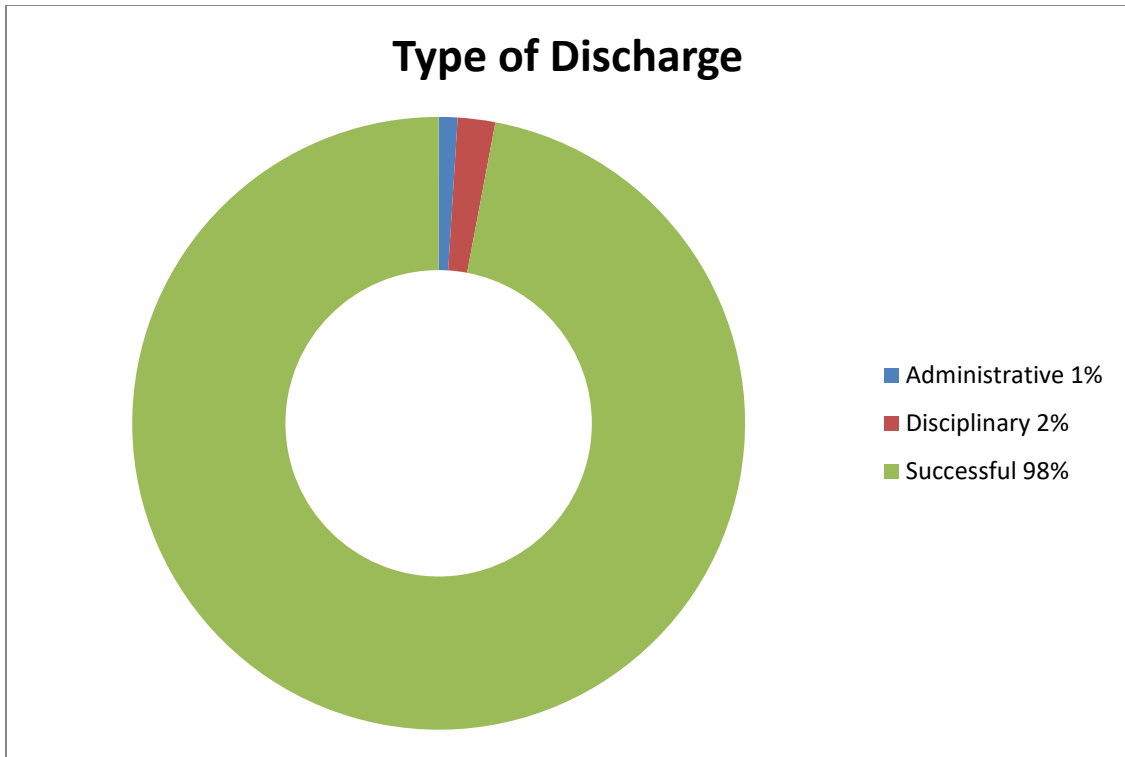


As part of the admission criteria, Jail Treatment Program clients must meet the diagnostic criteria for a Substance Use Disorder. Many clients have more than one Substance Use Disorder diagnosis. This current data is based off of 253 Substance Use Disorder diagnoses from the 167 individual clients that went through the program.



Clients in the Jail Treatment Program can receive a mental health assessment while in the program, currently on a case by case basis. If individuals report a significant mental health history or primary counselors are observing mental health symptoms during their time in treatment an assessment is completed by one of the staff who hold a mental health license. Another way that client's mental health can be assessed is by the Nurse Practitioner that provides psychiatric services both in the Lake County Adult Detention Center and in the Crossroads Health Outpatient location.





Types of Discharge Recommendations

- Aftercare Group (Dual and SUD)
- Anger Management
- Case Management (Dual and SUD)
- Individual Counseling (Dual and SUD)
- Intensive Outpatient Program (Dual and SUD)
- Dual Partial Hospitalization Program
- Opiate Recovery Program
- Psychiatry/Medication Management Services
- Supported Employment
- Residential