



# Board of Commissioners

*Jason W Boyd, Administrator*

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## NEWS RELEASE

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FOR IMMEDIATE RELEASE  
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### Lake County Commissioners Proclaim May 2022, Skin Cancer Awareness Month in Lake County, Ohio

PAINESVILLE, OH, May 12, 2022 – During the May 12<sup>th</sup> Commissioners Meeting, the Lake County Board of Commissioners issued a special resolution proclaiming May 2022 as “Skin Cancer Awareness Month” in Lake County, Ohio.

Skin cancer is a serious disease. It is the most common type of cancer and it is also one of the most preventable. It is estimated that 197,700 new cases of melanoma, will be diagnosed in the United States in 2022. Skin cancer affects everyone and, as the weather gets warmer, it is important to take precautions.

Exposure to UV light is the most preventable risk factor for all skin cancers. The American Academy of Dermatology encourages everyone to stay out of indoor tanning beds and protect their skin outdoors by seeking shade, wearing protective clothing, and applying a broad-spectrum, water-resistant sunscreen with an SPF of 30 or higher and reapply often to all skin not covered by clothing. Regular skin self-exams are extremely important to check for any signs of skin cancer.

Founder and CEO of Apex Dermatology and Skin Surgery Center Dr. Jorge Garcia- Zuazaga recommends annual screenings. “Early skin cancer diagnosis saves lives. It is vital to schedule regular, timely screenings to detect any changes or new lesions,” Dr. Garcia-Zuazaga advises. “You should also stay aware of any differences in your skin and see a dermatologist about any suspicious lesions.”

“Our goal is to educate Lake County residents about the dangers of sun exposure. Lake County offers many wonderful outdoor activities in the summer and we want everyone to be safe and healthy by practicing proven skin protection methods,” stated Commission President John Hamercheck.

“The Lake County Board of Commissioners is proud to join Apex Dermatology and their Skin Declaration Project to help connect the public with information and resources that can reduce the risk of skin cancer, and lead to early detection,” said Commissioner John Plecnik.

*To learn more about how to protect yourself and your loved ones from the harmful effects of exposure to UV light please visit [www.skincancer.org](http://www.skincancer.org) or contact Apex Dermatology at (833) 279-SKIN/[www.apexskin.com](http://www.apexskin.com).*

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