

CONNECTIONS THROUGH MUSIC

Are you a Caregiver for a person with dementia?

EXCITING NEW FREE PROGRAM

CALL TO REGISTER FOR INTRODUCTORY SESSION

Mentor: 440-974-5725 Willowick: 440-585-5112

Willoughby: 440-951-2832

Introductory meeting for caregivers ONLY to receive complete information about this exciting new program.

No obligation to participate. Come and listen!

This can help!

- Tuesday, June 12 OR August 14, 2018
Mentor Senior Center 10-11 am**
- Monday, June 18, 2018
Willoughby Senior Center 10-11 am**
- Thursday, August 9, 2018
Willowick Senior Center 10:30-11:30 am**

**WHO IS ELIGIBLE? Caregivers and loved ones with Alzheimer's/Dementia
Loved one living at home, not in facility, in Lake County**

MUSIC CAN:

- Help with depression and anxiety**
- Improve sleep patterns**
- Improve quality of daily life**
- Increase bonding between caregiver and loved one**