



**Lake County
General Health District**
Public Health
Prevent. Promote. Protect.

North High School

34041 Stevens Blvd
Eastlake walking route



Distance: 2 Miles | Steps: 6849 | Time: 23 Min. | Calories Burned: 109 | Route Type: Cement/Asphalt



Safety Guidelines

- Tell someone where you are walking.
- Walk facing traffic on the left side of the road when there are no sidewalks.
- Look twice when crossing the street.
- Walk with your dog or a friend.
There is safety in numbers
- Wear something light colored or reflective when walking at night.