

# Health



Lake County, Ohio

## Awareness

## Fair

Seasonal  
flu shots  
available

SPOUSES  
WELCOME!

Blood Pressure, Blood Sugar and Total Cholesterol, HDL Screening, Ht, Wt, Waist and Hip Circumference, BMI and Personal Health Risk Report.

All participants will receive immediate results with one-on-one counseling and educational materials.

Your Health Risk Report will be available online.

Screening takes approximately 15 minutes.

Blood sample is performed by the finger-stick method.

This is a non-fasting test.

You should take your medications at the usual times.



Lake Hospital System is now Lake Health.

You must complete a health questionnaire and schedule your screenings online at: [www.OneCommunity.com](http://www.OneCommunity.com)—passcode:county2013

Employees must participate in one of the following screenings to be eligible for a discount on their 2014 Medical Premium.

Appointments must be scheduled 48 hours prior to screening date.

DATE	LOCATION	TIME
Tuesday, October 1st	Administration Assembly Room	8:30-4:30pm
Thursday, October 3th	Courthouse Annex	8:30am-4:30pm
Tuesday, October 8th	Lake Co. Krone Utility	8:30am-1pm
Thursday, October 10th	Health District	8:30am-4:30pm
Tuesday, October 15th	Juvenile Court	8:30am-4:30pm
Thursday, October 17th	Sheriff's Department	6am-4:30pm
Tuesday, October 22nd	Job & Family Services	8:30am-4:30pm
Thursday, October 24th	Job & Family Services	8:30am-4:30pm
Tuesday, October 29th	Engineer	8:30am-4:30pm
Thursday, October 31st	Administration Assembly Room	8:30am-4:30pm

Giveaways  
&  
Drawings!