



Lake Health

TriPoint Medical Center

Join us for the Physician Pavilion Open House

Saturday, May 1
9 am – 12 noon



7580 Auburn Road,
Concord Township



- Receive a **FREE** Lake Health grocery tote to the first 500 visitors.
- Tours of Lake Health's Outpatient Rehabilitation Center, Carol DeJoy Lake Health Resource Center, The Wellness Institute, Community Health Center, and Quality Services.
- You will also have the chance to visit physician offices, including Northeast Ohio Heart Associates, Northcoast Family Practice, Drs. Hill and Chapnick Pathology, Lake OB/GYN, and General Surgeon Karen Grassie, MD
- Activities, Lectures and **FREE** Screenings will be available throughout the day!
 - Cholesterol, Glucose, and HDL screenings
 - Heel Screenings
 - Blood Pressure Screenings
 - Balance Screening

- Diabetes Educators will be on hand to answer your questions!
- Chair Massages
- Acupuncture Demo
- **Check out an exercise program from The Wellness Institute:**
Zumba, Yoga, Pilates, Core, Kickboxing, and Total Body Sculpt
- **Lecture Schedule:**
 - 9:15 am – What is Integrative Medicine? – Lori Stevic Rust, PhD
 - 10:00 am – Weight Management – Barbara Berkeley, MD
 - 10:45 am – Music Therapy Demo – Ellen Shetler, MT-BC

For more information or to register, call the Best of Health Line
at 440-953-6000 or 800-454-9800 by Wednesday, April 28.

