

UnitedHealthcare

Healthy Mind Healthy Body e-Newsletter

When you sign up or update your story topic preferences with the *Healthy Mind Healthy Body e-Newsletter* **before July 31**, you are eligible to win one of three **Nintendo Wii** video game systems and **Wii Fit** games.

The *Healthy Mind Healthy Body* monthly e-newsletter delivers a fresh, authoritative perspective on the best ways to get healthy – and stay that way. Just about anyone can find something interesting or useful in every issue; all you need to do is complete the simple sign up.

Sign up by visiting:

www.uhc.com/myhealthnews