



Prostate Cancer Screening

Lake Health will offer Prostate Cancer Screenings for men aged 50 - 70 and those aged 35 - 49 who are at high risk for prostate cancer. The screening, which includes a Prostate Specific Antigen (PSA) blood test, digital rectal exam, total cholesterol and HDL levels, will take place at the Lake/University Ireland Cancer Center, located inside the Lake Health Mentor Campus, on September 22 and 23 from 5:30 - 7 pm. The screening is FREE; however, registration is required. Sorry, no walk-ins will be accepted, and men who have been diagnosed with prostate cancer or are being treated for prostate disease are not eligible for the screening.

To register, call the Best of Health Line @ 440-953-6000 or 1-800-454-9800.

Women's Heart Health

Heart disease is the leading cause of death in women. Each year, nearly twice as many women die of cardiovascular disease as from all forms of cancer combined. Learn more about heart disease in women, its risk factors, prevention, and how to recognize a heart attack at the next LifeCycles for Women program on Tuesday, September 15, from 6 - 7:15 pm at LakeWest Medical Center. Lake Health Cardiologist Timothy Doyle, MD, is our guest speaker. The program is free for LifeCycles members; \$5 for non-members. Light refreshments will be served.

To register, call the Best of Health Line @ 440-953-6000 or 1-800-454-9800.