



# *New Outpatient Services*

## The Wellness Institute introduces the following Outpatient Services:



### **Acupuncture:**

An ancient system of healing that allows the body to balance and heal itself. Used for joint pain, neurological problems, headaches, rheumatologic disorders, digestive disorders, infertility, sleeping disorders, stress, stroke, allergies, and more. Facial rejuvenation and cosmetic acupuncture are also offered.



### **Medical Massage:**

**Chair massage** – focuses on the neck, head, shoulders, back, arms, and hands

**Relaxation massage** – leaves you feeling tranquil and relaxed

**Swedish massage** – designed to relieve tension and stiffness

**Deep tissue massage** – penetrating techniques that stimulate circulation, detoxify, and reduce muscle tension and stiffness

**Sports massage** – assists muscle recovery following sports events to help athletes optimize performance



### **Reiki:**

A non-intrusive, ancient, oriental art of hands-on healing that can help reduce pain, illness, and emotional trauma.

**For more information and pricing, call The Wellness Institute at 440-375-8153.  
To schedule an appointment, call Centralized Scheduling at 1-866-652-5253.**