



# Medical Nutrition Therapy

## ***Why should I consult with a Registered Dietitian for Medical Nutrition Therapy?***

Do you need nutrition guidance for a nutrition-related condition? Here are a few examples of **nutrition-related conditions**:

Food Allergies/Intolerances  
Heart Disease  
High Cholesterol  
High Blood Pressure

Weight Management  
Crohns Disease/Ulcerative Colitis  
Celiac Disease  
Gastrointestinal Problems

## ***What is Medical Nutrition Therapy?***

**Medical Nutrition Therapy** is a one-on-one nutrition consultation with a registered dietitian who focuses on individualized nutrition-related disease management, prevention, and behavior modification.

## ***How can I schedule an appointment with a Dietitian for Medical Nutrition Therapy?***

Simply ask your physician to fill out a Lake Health Medical Nutrition Therapy Referral Form and have it mailed or faxed to:

Lake Health Wellness Institute  
Center for Weight Management  
TriPoint Medical Center Physician Pavilion, Suite 201  
7580 Auburn Road  
Concord Twp., OH 44077  
Phone: 440-375-8153  
Fax: 440-375-8154

*When the Lake Health Center for Weight Management receives the referral form, a Lake Health dietitian will contact you to schedule an appointment.*