

# Schedule a 5 or 10 minute Chair Massage!

with

*Annette Santoro, Massage Practitioner*

**Where: Lake County Administration Building  
Assembly Room**

**Tuesdays and Thursdays in APRIL**

**Please call Kathy Russo, at ext. 2979 to  
schedule your appointment.**



**5 minutes \$5.00**

**10 minutes \$10.00**

**Decrease Stress**

**Boost Immune System**

**Improve Circulation**

**Headache Relief**

**Improve Thinking**

**Lower Blood Pressure**

**Decrease Aches and Pains**

**Studies have shown that the brain begins to recharge in just a few minutes.**

**And with just the right touch, tired muscles feel rejuvenated right away!**