

Schedule a 5 or 10 minute Chair Massage!

with

Annette Santoro, Massage Practitioner

**Where: Lake County Administration Building
Assembly Room**

Tuesdays and Thursdays in APRIL

**Please call Kathy Russo, at ext. 2979 to
schedule your appointment.**



5 minutes \$5.00

10 minutes \$10.00

Decrease Stress

Boost Immune System

Improve Circulation

Headache Relief

Improve Thinking

Lower Blood Pressure

Decrease Aches and Pains

Studies have shown that the brain begins to recharge in just a few minutes.

And with just the right touch, tired muscles feel rejuvenated right away!