

# Health



Lake County, Ohio

## Awareness

## Fair

**Seasonal  
flu shots  
available**

*SPOUSES  
WELCOME!*

Blood Pressure, Blood Sugar and Total Cholesterol, HDL Screening, Ht, Wt, Waist and Hip Circumference, BMI and Personal Health Risk Report.

All participants will receive immediate results with one-on-one counseling and educational materials.

Your Health Risk Report will be available online.

Screening takes approximately 15 minutes.

Blood sample is performed by the finger-stick method.

This is a non-fasting test.

You should take your medications at the usual times.



Lake Hospital System is now Lake Health.

**You must complete a health questionnaire and schedule your screenings online at: [www.OneCommunity.com](http://www.OneCommunity.com)—passcode:county2014**

**Employees must participate in one of the following screenings to be eligible for a discount on their 2015 Medical Premium.**

**Appointments must be scheduled 48 hours prior to screening date.**

DATE	LOCATION	TIME
Tuesday, September 30th	Administration Bldg Assembly Room	8:00am-4:30pm
Thursday, October 2nd	Courthouse Annex	8:00am-4:30pm
Tuesday, October 7th	Engineers	8:00am-4:30pm
Thursday, October 9th	Gary L Kron Facility	8:00am-1:00pm
Tuesday, October 14th	Juvenile Court	8:00am-4:30pm
Thursday, October 16th	Sheriff's Department	6:00am-4:30pm
Tuesday, October 21st	Job & Family Services	8:00am-4:30pm
Thursday, October 23rd	Job & Family Services	8:00am-4:30pm
Tuesday, October 28th	Lake County Health District	8:00am-4:30pm
Wednesday, October 29th	Administration Bldg Assembly Room	8:00am-Noon
Thursday, October 30th	Administration Bldg Assembly Room	8:00am-4:30pm

**Giveaways  
&  
Drawings!**