

# URGENT ALERT: BATH SALTS

There's a relatively new and extremely dangerous drug on the streets. It's being sold as "bath salts". Here's what you need to know...

## The basics:

- Bath salts are sold under many names, among them: Cloud 9, Ivory Wave, Ocean, Charge Plus, White Lightning, Scarface, Hurricane Charlie, Red Dove, White Horse, Energy 1, and White Dove.
- It's being sold over the internet, and in some local convenience-type stores, truck stops, head shops and gas stations.
- These products typically contain several chemicals including methylenedioxypyrovalerone (MDPV).
- Abusers snort, smoke, ingest, inject or inhale the crystals to achieve a high that is similar to cocaine, LSD, meth or ecstasy.
- Note that these products are not related to legitimate bath products such as Epsom Salts, Calgon, etc.

## Bath Salts can be deadly.

*MDPV is highly addictive and can cause violent hallucinations, paranoia, intense and prolonged panic attacks, severe vomiting, rapid heart rate, prolonged insomnia, and cold sweats. A number of deaths in our region have been tied to the use of these fake bath salt products. Suicide attempts and violent attacks have also occurred among abusers of MDPV.*

### If you know of someone who is using bath salts to get high:

*Tell them the dangers. Make sure they know that people have died because they abused bath salts, and that there is no regulation that governs what goes into the packets. Encourage them to immediately stop using and to seek help.*

### If you're a parent, grandparent, coach, teacher, or other influential adult:

*Talk to the young people in your life about the dangers of using bath salts to get high. Encourage them to help spread the word to their peers.*

### Where to get help:

#### If the situation is urgent or dangerous:

- Call 9-1-1
- Call the Lake County Crisis Hotline at 440-953-8255.
- Go to the nearest hospital emergency department.

#### If the situation is not urgent:

- For information about addiction recovery services, call 2-1-1 or visit [www.HelpThatWorks.us](http://www.HelpThatWorks.us).
- Call the Lake County Narcotics Agency at 440-350-3302

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*The Lake County Opiate Task Force was started by the Lake County Alcohol, Drug Addiction and Mental Health Services (ADAMHS) Board. We are a group united in our commitment to reduce the tragic consequences that stem from the abuse of opiates in Lake County. Learn more at [www.LakeOpiateTaskForce.org](http://www.LakeOpiateTaskForce.org).*

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