

Thursday, April 5, 2012

Introductions

Budget

- a. Additional \$20,000 Approved
- b. Fundraising Event – Ideas?

County Health Rankings

Sub Committee Updates

- a. Community
 - 1. NEO Planning & Zoning Workshop – Friday, June 22 at LaMalfa
 - a. Darwin Hindman, Former Mayor of Columbia, Missouri
 - b. Dave Janis, Safe Routes To School
 - 2. Website Hits
 - 3. Community Events – Healthy Kids Day (YMCA) – April 14 & 21
- b. School
 - 1. Grants
 - a. Site Visits – photos are in Facebook page.
 - i. St. Mary's Elementary – after school indoor activity stations
 - ii. Royalview Elementary – Veggie U curriculum
 - iii. Longfellow Elementary – fresh fruit lunches
 - iv. Memorial Middle – fitness and nutrition component added to Family & Consumer Sciences class (6-8 grade)
 - b. School Gardens – Funded
 - i. Hopkins Elementary (Mentor) - \$1,500
 - ii. Mentor Christian (K-12) - \$1,200
 - iii. Riverside High School - \$950
 - c. School of a Healthier Tomorrow
- c. Worksite
 - 1. "Wellness at Work" – Friday, September 7 at Great Lakes Mall.
- d. Mental Health
 - 1. Formulating a Plan – will begin working with "residential sites".
- e. Aging
 - 1. Will begin working with Senior Centers & Council on Aging.

5K Challenge!

Next Meetings

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|-------------------------------|---|
| A. ACHIEVE Wellness Committee | June 7 at 1:30 p.m. (Health District) |
| B. Sub Committee Meetings | |
| a. Community | May 9 at 1:30 p.m. (Metroparks – Concord) |
| b. School | May 24 at 9 a.m. (Health District) |
| c. Worksite | May 8 at 3:30 p.m. (Lakeland) |
| d. Aging | May 30 at 3 p.m. (Health District) |
| e. Mental Health | May 15 at 1 p.m. (Health District) |

Quick Updates

A. Community

- a. Bike Days
 - i. Will occur between May 19 & June 23
 - ii. Visit the website for details.
 - iii. Marketing (billboard & bus ads) will begin on Monday, May 7.
- b. Sidewalk Implementation
 - i. Initial conversation resulted in an interest from the townships to begin to look at a plan for ensuring sidewalks are installed in neighborhoods when they are developed.
- c. Automated Bike Racks
 - i. No update, other than Columbus, OH is planning to install these throughout the city.
- d. Food & Nutrition Classes
 - i. Will take place between June & October this year.
 - ii. There are 3 confirmed locations: Health District, JFS, & Lake County Y – East End
 - iii. There is one pending location: Lifeline, Inc.

B. Schools

- a. Weighting Game
 - i. There will be a second showing of the “Weighting Game” on May 11 (10 a.m. and noon) – email was sent regarding this.
- b. Fundraising Booklet
 - i. Doing an online survey regarding this was no more helpful than sending a hard copy survey. We did get 8 responses after several reminder emails about to schools about completing the survey – Summit Academy one the box of frisbees. The group has decided to put this on the back burner for now.
- c. County-Wide Fundraising Event
 - i. We have decided not to do this.

C. Worksite

- a. Grants – we will likely be launching these in September at the “Wellness at Work” Expo.