



**SPARK PE is coming to YOUR Area and will be conducting staff development sessions for YOU!**

## **SPARK PHYSICAL EDUCATION (PE) IS DESIGNED TO BE MORE INCLUSIVE, ACTIVE, AND FUN THAN TRADITIONAL PE CLASSES**

**SPARK workshops** are offered to teachers, administrators, and PE specialists. Each workshop is targeted for the needs of that particular audience (based on needs assessments) and is designed to provide each attendee with a working knowledge of SPARK's unique content and instructional strategies. Teachers leave motivated and ready to "SPARK-up" their students for a lifetime of good health!

SPARK has an extensive follow up/support system which includes "SPARK Star" Training and lifetime support and consultation for each attendee.

**Where:** Willoughby South High School

**Address:** 5000 Shankland Road  
Willoughby, Ohio 44094

**When:** July 11, 2011, 9AM

**RSVP:** By July 3, 2011 spots are filling fast

**Telephone:** 440-283-2216

**Email:** John.aleric@weschools.org

### **Participants will learn:**

- Organizational, management, and instructional techniques necessary to teach active physical education
- How to develop, maintain, and increase student health and physical fitness
- How to improve fundamental movement and sports skills
- How to motivate children/adolescents to become active outside of school
- Techniques that encourage students to commit to a lifetime of health and physical fitness

### **Participants must bring:**

1. Clothes/Shoes for being active
2. Water
3. Pen or Pencil



### **SPARK Provides:**

- On-site Physical Education Staff Development
- Research-Based Curricula
- Equipment Packages

