



## Lake County General Health District

### Meeting Minutes

<b>Subject</b>	ACHIEVE Wellness CHART	<b>Date</b>	4/11/2013
<b>Facilitator</b>	Katelyn Barbis	<b>Time</b>	1:30 p.m.
<b>Location</b>	Lake County General Health District	<b>Scribe</b>	Katelyn Barbis
<b>Attendees</b>	<div> <div>Dick Bennett</div> <div>Lake County YMCA</div> </div> <div> <div>Cheryl Cairns</div> <div>Cleveland Clinic</div> </div> <div> <div>Donna Cook</div> <div>Cleveland Clinic</div> </div> <div> <div>Kim Fraser</div> <div>Lake County ADAMHS</div> </div> <div> <div>Ken Gill</div> <div>Beacon Health</div> </div> <div> <div>Ron Graham</div> <div>Lake County General Health District</div> </div> <div> <div>Lee Homyock</div> <div>City of Painesville</div> </div> <div> <div>Beth Horvath</div> <div>Lake County YMCA</div> </div> <div> <div>Dick Kotapish</div> <div>Lake County GIS</div> </div> <div> <div>Stella Nsong</div> <div>Ohio Care Planning Council</div> </div> <div> <div>Gary Robinson</div> <div>Lake Health</div> </div> <div> <div>Sharon Sharpnack</div> <div>Lake Metroparks</div> </div> <div> <div>Lisa Siciliano Miller</div> <div>Lake County OSU Extension</div> </div> <div> <div>Katelyn Barbis</div> <div>Lake County General Health District</div> </div>		

Key Points Discussed		
No.	Topic	Highlights
1.	ACHIEVE Wellness Community Recognition Application	<p>The group reviewed the format of the application and the following came out of the discussion:</p> <ul style="list-style-type: none"> <li>- Make the application more inviting and friendly.</li> <li>- Add an executive summary.</li> <li>- Need to further discuss release and implementation dates.</li> <li>- Dedicate a portion of the website that links to the community's website and vice versa that are recognized as ACHIEVE Wellness Communities to drive traffic to both their page and ACHIEVE's page.</li> <li>- It is still yet to be determined whether or not the communities who apply for recognition will receive a \$2,000 Health Needs Planning grant.</li> <li>- A group, to be determined by CHART, will be responsible for providing technical assistance (TA) to the communities.</li> <li>- Application will act as a model to engage targeted communities in Lake County and to create awareness among residents and leaders.</li> </ul>
2.	Creating a Task Group	CHART will have to decide how to create a "task group" to address the TA needs of the communities through the Recognition Application.
3.	County Health Rankings	Gary Robinson brought up how the County Health Rankings are evaluated and determined. He suggested to base objectives for the Recognition Application around what the County Health Rankings measure as to increase Lake County's rankings. It was also discussed that the 2011 Community Health Assessment surveyed the perception of community.

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4.	Community Health Improvement Plan (CHIP)	Ron Graham reviewed CHIP and its' use to direct and monitor the implementation of strategies in the community as determined by data from the 2011 Lake County Community Health Assessment. The document includes baseline data and progress. It was asked of the group to review the document (attached to the email the minutes were sent in) and determine how their organizations are contributing to the progress of the CHIP. This will help capture all of the health efforts that are happening county-wide. It is important to note that it will take several years to show progress towards the goals and objectives. Additionally, as base lines are establish measurable goals can be added. Once the CHIP is updated it will be evaluated for and reassessed with the membership. There was discussion on putting dates to this document; the first thought was to view this as an evolving, working document, the second thought was to put concrete dates to the document to focus on showing successes and improvements over time.
5.	Obesity Data from the 2011 Community Health Assessment (CHA)	A further analysis of the obesity data from the CHA was distributed to CHART. The data was broken down into city/township/village groupings and looked at BMI and healthy living items. It was discussed on how to release this sub-set of data as to create dialogue. The initial idea was to make the political leaders aware of the data and then release it to the News-Herald. Another thought was to release the data to Fairport Harbor and let them act on the data by tying it into their current ACHIEVE Community efforts. Dick Katopish will be creating visual maps of the data. All applications for the ACHIEVE Wellness Community Recognition Application will receive this data. It is important to keep in mind that the CHA surveyed the perception of community whereas the assessments that are completed through the hospitals, survey the health issues that Lake County ranks low in, how to address the solutions, and how the community views the solutions, specifically those community members who have been impacted by the health issue. The Health District and Lake Health will work together to compliment each other's assessments to benefit the community and to coordinate efforts.
6.	Carol M. White PEP Grant	The group was made aware that the Health District applied at the county level for the Carol M. White Physical Education Program grant. If the Health District is awarded the grant, each school district in the county will have the opportunity to implement an evidence-based physical education curriculum and to receive professional staff development. The overarching idea of the PEP grant is to assess and address school wellness policies. ACHIEVE will be charged with the acting as the oversight committee for the grant. It will be likely that the School sub-committee will be responsible for oversight. The grant would help in addressing several goals and objectives in the 2011 Community Health Improvement Plan.
7.	JUST RUN Lake County 5K and Radio Disney UFD	The group was updated on the events that are to occur throughout the day on Saturday, June 8 <sup>th</sup> . The Health District is looking for volunteers for the day long events; if interested, please contact Katelyn. The expansion of the JUST RUN program and associated progress made has been updated in the CHIP
8.	Sub-Committee Updates	<i>Aging:</i> Looking into a chronic disease management class for seniors as well as their care givers. <i>Behavioral Health:</i> Wrapping up the 10,000 Steps challenge. The March meeting was canceled and the next meeting will be in May. <i>Community:</i> The FNP will begin in June. Two new class locations were added:

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		<p>Mentor Beach Park and the Mentor Senior Center due to the Mentor Farmers Market move to the Civic Center which will be open May – September. The group is looking to apply for another community garden grant, Project Orange Thumb, through Fiskars, to be implemented in Painesville City.</p> <p><i>School:</i> The School sub-committee will be breaking the school assessment into three components. The different components will be created as separate assessments and will be tailored towards the principal, the physical education teacher, and the food service director. The assessments will be transferred to a Google Form to make it more convenient for the respondents to complete.</p> <p><i>Worksite:</i> This group is charged with creating an Employee Wellness Toolkit as there is no longer funding available for worksite mini-grants. The resources included in the toolkit will consist of resources for companies at all ends of the spectrum regarding worksite wellness.</p>
9.	CPS-3	<p>To enroll in the study, go to <a href="http://www.lakecps3.org">www.lakecps3.org</a>. There is a survey included in registration which takes about 30 minutes to complete. Please encourage participation among your family and friends for those ages 30-65 and have not had a diagnosis of cancer. A large social media, print media, and public engagement/awareness campaign is being planned by the American Cancer Society, Lake County General Health District, and numerous community partners.</p>

Action Plan			
No.	Action Item(s)	Owner	Target Date
1.	<p>Review CHIP and let Katelyn know which objectives and strategies your organization are working towards and she will see that the updates are made to the original document. Please provide updated data, progress to date, and recommendations on improving the Community Health Improvement Plan (CHIP)</p>	All	6/6/2013