



Agenda  
CHART Meeting  
10/10/2013

I. ACHIEVE Communities

- a. Resource Binder
- b. Timeline
- c. Technical Assistance Group
- d. Community Coaching Program with CHR&R

II. Obesity Report

III. CHIP

- a. Aging – Create opportunities for chronic disease management.
- b. Behavioral Health – Create opportunities for physical activity and healthy nutrition; staff and consumers.

IV. Sub-Committee Updates

- a. Aging
  - i. Chronic Disease Management Classes
- b. Behavioral Health
  - i. Employee Wellness
- c. Community
  - i. Food and Nutrition Program
    - 1. Going into October; 2012, 148 participants; 2013, 190 participants
  - ii. Fruit & Vegetable Prescription Program
- d. School
  - i. Team Healthy Kids: School Runs – Nov. 7<sup>th</sup>
  - ii. ESC Representation
- e. Worksite

V. Healthy Ohio Healthy Community Gold Award Recipient

VI. *Next Meeting:* Thursday, December 12<sup>th</sup> at 1:30 p.m. at the Health District

- a. Plan meetings for 2014



## Lake County General Health District

### Meeting Minutes

<b>Subject</b>	ACHIEVE Wellness CHART	<b>Date</b>	10/10/2013
<b>Facilitator</b>	Katelyn Barbis	<b>Time</b>	1:30 p.m.
<b>Location</b>	Lake County Central YMCA	<b>Scribe</b>	Katelyn Barbis
<b>Attendees</b>	Katelyn Barbis (Lake County General Health District) Dick Bennett (YMCA) Lee Homyock (City of Painesville) Ron Graham (Lake County General Health District) Sharon Minjares (Lake Health) Gary Robinson (Lake Health) Sharon Sharpnack (Lake Metroparks) Michaela Klco (Lake County General Health District) Chelsea Oddis (Lake County General Health District) Donna Tyson (Lake Co. Board of Commissioners) Dan Troy (Commissioners) Donna Cook (Cleveland Clinic) Kim Fraser (Lake Co. ADAMHS) Matt Battiato (Lake Co. Job and Family Services) Cameron Zwagerman (Spirit Media) Beth Horvath (Lake Co. YMCA) Carol Mangino (Lakeland Community College) Lisa Siciliano-Miller (OSU Extension)		

Key Points Discussed		
No.	Topic	Highlights
1.	ACHIEVE Wellness Community Recognition Application	<p><i>Resource Binder:</i> Each community that applies and has their application approved will receive a binder with tools, resources, etc. that will be beneficial to the implementation of their improvement plan. As part of the resource binder, the communities will receive the "Reshaping Lake County: 2013 Lake County Obesity &amp; Health Behavior Report". This document was shared with the group and is attached to this email.</p> <p><i>Timeline:</i> The group was given the proposed 3 year timeline for the application. It follows a traditional model of public health; assessment, planning, implementation, and evaluation.</p> <p><i>County Health Rankings &amp; Roadmaps:</i> CHR&amp;R will be hosting a webinar on Oct. 22 that will share more information regarding their 9 month Community Coaching Program that will allow for 8 coaching calls (60-90 minutes in length), teams of 4-5 community reps, and a site visit if that just so happens to align with the community's goals. Katelyn will sit in on the webinar.</p>

Key Points Discussed		
No.	Topic	Highlights
		<i>Funding/Technical Assistance:</i> A sign-up sheet was passed around to sign-up to be on the Technical Assistance Task Force. This far, we have 11 individuals signed-up. Please let me know if you are interested in this opportunity.

Key Points Discussed		
No.	Topic	Highlights
2.	Community Health Improvement Plan (CHIP)	Please keep in mind that this document is a community-wide collaboration of all ACHIEVE partners' efforts. It is not solely the Health District's CHIP. If partners are working on goals, objectives, and strategies they see in CHIP, please let Katelyn know so she can update the most current document.
3.	Sub-Committee Updates	<p><i>Aging:</i> The chronic disease management class will be held at the Mentor Senior Center. We decided on this location as they have an elderly population as well as a care giving population. The start date has been pushed back to the first of the year.</p> <p><i>Behavioral Health:</i> The group had a slight change in direction. At the September meeting, there was much discussion over the lack of employee wellness that exists and how that factor is an important piece in encouraging consumers to lead healthy lifestyles.</p> <p><i>Community:</i> FNP wrapped up the beginning of this month. The program reached a total of 196 participants; up 116% from last year. Matt also shared that participants on SNAP who have used the EBT machine to receive coins to be used at the farmers market was around \$3,000 this year. He shared that ACHIEVE had a large part in making this happen.</p> <p><i>School:</i> Representation from the Lake County ESC is now on the sub-committee; Jovette Hiltunen. She will help us reach appropriate contacts as well as push the sub-committee's work on her end. The Team Healthy Kids: School Runs workshop will be held the beginning of November. The workshop will cover the basics of JUST RUN as well as the fundraising piece.</p> <p><i>Worksite:</i> The group continues to work on the Toolkit for Employee Wellness.</p>
4.	Fruit and Vegetable Prescription Pilot	With farmers market vouchers that the Lake County Free Clinic purchased, they piloted a Fruit & Vegetable Prescription program. The nurse practitioner performed one-on-one nutrition counseling with patients who need to make lifestyle changes, particularly by incorporating more fruits & veggies into their diets. She then prescribed the participants a specific amount of fruit & veggie servings and provided them with a \$5 farmer's market voucher. The hope is that this concept will motivate patients to eat healthier by receiving doctor's orders to take a proactive role in their health. This will expand nutrition programs county-wide with farmers market incentives as we work to partner with more doctors and clinics. The group will also work with Lake Metroparks and doctors to prescribe physical activity. The Metroparks will be donating passes for cross country skiing.
5.	Healthy Ohio Healthy Community Award	Lake County was awarded the GOLD award from the Healthy Ohio Healthy Community Award Program! We received Silver last year and have increased our successes this year to have received Gold. Thank you to all ACHIEVE members as you were a large part of our successful application!
6.	Member Updates	<p><i>YMCA:</i> Will be sending an application for a diabetes prevention program by the end of the year. As participants reach benchmarks, they will be reimbursed by their insurance company. Other successful programs in Ohio have been built into the State Health Improvement Plan (SHIP).</p> <p><i>Job &amp; Family Services:</i> Issue #1: The Children Services Renewal Levy is Issue 1 on the November 5th ballot. It is a seven tenths of a mil levy and the funds generated by the levy are used for the placement and care of children in the custody of Job and Family Services because of abuse,</p>

Key Points Discussed		
No.	Topic	Highlights
		neglect or dependency. The levy is not a new tax or a tax increase, a property owner will pay the same \$17.66 per \$100,000 valuation per year as has been paid the past five years. The current levy will expire on December 31, 2013 so passage of the renewal levy is critical.
7.	2014 Meeting Schedule	Please let me know if you are opposed to quarterly meetings in 2014. <b>CHART:</b> March, June, September, and December <b>Sub-Committees:</b> February, May, August, and November

Action Plan			
No.	Action Item(s)	Owner	Target Date
1.	Create a draft timeline as a final layer of the ACHIEVE Community application. <b>COMPLETE</b>	K. Barbis	October 2013
2.	Update CHIP to reflect sub-committee and CHART's goals and objectives.	K. Barbis	Ongoing
3.	Send feedback to Katelyn regarding the ACHIEVE Community Application timeline.	All	December 2013
4.	Create passes for cross country skiing to be distributed by doctors, RNs, etc. to patients as prescribed physical activity.	S. Sharpnack	December 2013
5.	Read through the implementation piece of the "Reshaping Lake County: 2013 Lake County Obesity & Health Behavior Report" and let me know any suggestions/edits you may have	All	December 2013

*Next Meeting: Thursday, December 12<sup>th</sup> at 1:30 p.m. at the Health District*