

CHART Meeting Agenda  
Wednesday, May 27, 2009  
2-4 PM

- I. Introductions
  - a. Coaches
  - b. Coach Support Group
  - c. State Expert Advisor
  - d. CHART Members
  
- II. Structure and Overview of ACHIEVE
  
- III. Nancy Schaefer, R.D, L.D.  
Public Health Nutritionist and Health Educator- Ohio Diabetes Prevention and Control  
ACHIEVE State Health Department Expert Advisor
  
- IV. Next Steps
  - a. Action Institute (July 21-23, 2009 in Denver, Colorado)
    - 1. Attendees announced on or before Friday, May 29, 2009.
    - 2. Meeting for attendees on June 11 at 2 p.m.
  - b. June 22, 2009- Next Meeting
    - 1. Homework- Change Tool Assessments
      - i. Assign Assessments
      - ii. Email from Tori
  
- V. Q & A

## CHART Meeting May 27, 2009

**Present:** Matt Battiato, Job and Family Services  
Renee Berry, Council On Aging  
Ellen Cantor, Leadership Lake County  
Kathy Durchik, Health District  
Jim Fodor, Painesville City Local Schools  
Dave Gilmer, L.C. Community Improvement Corp  
Ron Graham, Health District  
Lee Homyock, City of Painesville, Department of Recreation and Public Lands  
Brian Katz, Willoughby Parks and Recreation  
Wayne Lindstrom, Crossroads  
Stephen Madewell, Lake Metroparks  
Kathy Milo, Health District  
Maureen O'Hearn, Health District  
Traci Salkiewicz, Engineers' Office  
Lisa Sciliano-Miller, OSU Cooperative Ext. Agency  
Nancy Schaefer, ACHIVE State Health Dept. Expert Advisor  
Dan Troy, Lake County Commissioners

Dick Bennett, Lake County YMCA  
Mary Ann Blakely, Lakeland Community College  
Mary Ellen Condon, Family and Child First Council  
Dave Enzerra, Lubrizol Corporation  
James Gills, Engineers' Office  
Dave Kotapish, L.C. GIS Dept.  
Tori, Luyster, Health District  
Jan Meyer, Ohio Action for Healthy Kids  
Sharon Minjares, Lake Hospital System  
Allen Pennington, City of Mentor  
Richard Schule, Steris Corp.  
Cathy Zeller, Starting Point

### I. Introductions

Joel Lucia welcomed all and discussed meaning of Action Communities for Health, Innovation & Environmental Change Initiative (ACHIEVE), indicating we are building the Lake County Community. Ron Graham discussed necessity for leadership and commitment on this initiative that is not just about obesity but also leisure time, opportunities for higher education, and bringing people to Lake County to live and work. He made the following introductions:

Coaches - Tori Luyster and Maureen O'Hearn  
Coach Support Group – Judy Dwyer, Kathy Durchik, and Kathy Milo  
State Expert Advisor - Nancy Schaefer, R.D., L.D., who is the Public Health Nutritionist and Health Educator - Ohio Diabetes Prevention and Control, and ACHIEVE State Health Department Expert Advisor.

Community Health Action Response Team (CHART) Members – Individual introductions and reviewed their policy changes to the question that Tori had e-mailed prior to meeting – “What policy change(s) would you like to see go into effect in Lake County?”

### II. Nancy Schaefer

Reviewed presentation regarding ACHIEVE Initiative to include “Why Now? causes for rise in obesity, increase in preventable chronic diseases, the rise in obesity statistics over the years, number of diagnosed diabetes cases in the US population (over 24%).

### III. Structure and Overview of ACHIEVE

Handed out and reviewed contents of ACHIEVE Initiative binder which needs to be brought to future meetings to submit meeting agendas and additional information. Discussed CHART member job descriptions indicating it is still in draft form for possible changes/additions and the need to initial section indicating individual participation commitment. Discussed conference call scheduled June 9, 2009 at 2:00 p.m. and the difference

between individual call (our community) and national call (is a listen only call which takes about 1½ hours {2 – 3:30 p.m.}). Both calls are scheduled once a month. Questions from the national call can be submitted via e-mail. Tori will e-mail all information needed for both calls as well as reminders of dates and times of calls. Discussed how ACHIEVE initiative is included in the National, State, and Community levels. Reviewed ACHIEVE communities, Process Map (currently recruiting and developing), and phases of ACHIEVE initiative.

Discussed Change Tool Overview to include the five Sectors:

- Community at Large (Lake County)
- Worksite
- School
- Community Institution/Organization (CIO)
- Healthcare

Each sector is made up of multiple modules.

Reviewed the Modules to include:

- Demographics
- Physical Activity
- Nutrition
- Tobacco Use
- Chronic Disease
- Leadership

Each area represented by the CHART members will need to select at least one sector that they will need to complete an Excel report that will be e-mailed to each member. The following is a list of each area included in the five Sectors:

**Healthcare**

- Lake Hospital System
- Family & Children First
- Crossroads
- Steris

**CIO**

- Lake YMCA
- Council on Aging
- Lakeland
- Job & Family Services
- Starting Point
- Family & Children First
- County Commissioners
- OSU Extension

**Worksite**

- Lake Metroparks
- Steris
- Lake Hospital System
- Lakeland
- United Way
- Chamber of Commerce

**School**

- Painesville City Schools
- Ohio Action for Healthy Kids
- Engineers Office
- Starting Point
- Lake Hospital System
- Crossroads

**Community at Large**

- Leadership Lake County
- United Way?
- Engineers Office
- Willoughby Parks & Rec.
- Lake Metroparks
- County Commissioners
- City of Painesville
- Community Improvement
- Lake County G.I.S.

Looked at pictures taken of various Lake County communities to get some ideas of what we currently have and what is needed (sidewalks, recreation areas, bike paths, safety issues, etc).

#### **IV. Next Steps**

Action Institute July 21-23, 2009 – Denver Colorado

1. Attendees announced on or before Friday 5/29

There will be a total of 10 selected to go with Tori Luyster, Maureen O'Hearn, and Nancy Schaefer. Currently received request from Dick Bennett, Mary Ann Blakely, Lee Homyock, Brian Katz, Wayne Lindstrom, Steve Madewell, Sharon Minjares, Cathy Zeller, and Lisa Sciliano-Miller. Please submit any further requests to Tori as soon as possible as attendees will be announced by Friday, May 29, 2009.

2. Meeting for attendees will be on June 11, 2009, 2:00 p.m.

Everyone broke into sectors to compile information for Excel report. Those in more than one sector went to the priority sector to start.

Next Meeting - June 22, 2009. Time to be announced.

Respectfully submitted,

Debbie Urban  
Lake County General Health District