

PLUS Internet Safety Pledge  
Using the "The Power of One"



I realize that the InterNet can be a fun yet dangerous place for me, therefore I \_\_\_\_\_, pledge to be a responsible and safe internet user by following my promise.

**I promise....**

1. To set up and follow guidelines for being on the Internet with my parents/caregivers. We will agree to how much time I can be online, where I can go online, and with whom I may chat or correspond.
2. Not to give out personal information without my parents'/caregivers' permission. This includes things like my name, address, phone number, age, and school name.
3. To tell a trusted adult if I see anything inappropriate or things that make me feel uncomfortable.
4. To share with my parents/caregivers any online conversation that makes me feel uncomfortable. This may include repeated requests to meet someone or messages that are mean or hurtful.
5. I will not send any messages that are mean or hurtful.
6. To never meet with someone who I have met online.
7. To never open emails from someone I don't know and never to go to links I don't recognize.
8. To never download or upload pictures, songs, games, or other computer files without my parents'/caregivers' permission.

\_\_\_\_\_  
Student Signature

\_\_\_\_\_  
Date

Additional Parent Guidelines: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Parent Agreement: I agree with the above guidelines for InterNet Safety. I also realize I am responsible for setting up safe computer use guidelines with my child and to monitor my child's online activities.

\_\_\_\_\_  
Parent/Caregiver Name

\_\_\_\_\_  
Parent/Caregiver Signature