



My Assertive Bill of Rights

Directions: Place a check (✓) in the space next to the rights you believe you have with friends, parents, school, or others. Others might include acquaintances, close relatives, and/or other adults.

I have the right to:	Friends	Parents	School	Others
Be listened to				
Tell how I feel				
Have an opinion				
Say no to things that may harm me				
Answer at a later time if I'm confused				
Ask for help				
Privacy				
Not be bullied				
Take responsibility for things				
Make decisions				
Suffer consequences for wrong decisions				
To communicate				
Others (include your own)				

Student Signature _____ **Date** _____

Parent Signature _____ **Date** _____