



# My Assertive Bill of Rights

**Directions:** Place a check (✓) in the space next to the rights you believe you have with friends, parents, school, or others. Others might include acquaintances, close relatives, and/or other adults.

I have the right to:	Friends	Parents	School	Others
Be listened to				
Tell how I feel				
Have an opinion				
Say no to things that may harm me				
Answer at a later time if I'm confused				
Ask for help				
Privacy				
Not be bullied				
Take responsibility for things				
Make decisions				
Suffer consequences for wrong decisions				
To communicate				
Others (include your own)				

**Student Signature** \_\_\_\_\_ **Date** \_\_\_\_\_

**Parent Signature** \_\_\_\_\_ **Date** \_\_\_\_\_