

Program Instructions

How to participate

To participate, employees and spouses should go to www.OneCommunity.com to register and complete the health survey. See below for instructions on how to either create a new account or sign in to an existing account.

Due to health information privacy concerns, each person will need a unique email address to participate. A personal or organizational email address can be used. If you do not have your own individual email address, one can be created for free through the following services:

- Gmail <https://mail.google.com>
- AOL <https://mail.aol.com>
- Microsoft (Hotmail) <http://login.live.com>
- Yahoo <http://login.yahoo.com>

Spouse Participation

Spouses who wish to participate should follow the same instructions as employees to either create a new account or sign in to their own OneCommunity account (if they participated last year).

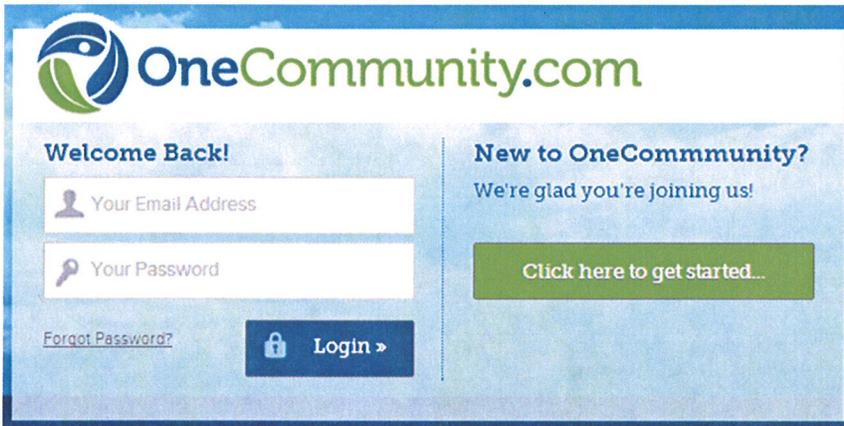
www.OneCommunity.com

You can enter this website via computer or laptop using a supported browser (for example: Windows 8). You can also enter the website using Ipad, tablet, smart phone (iPhone or Android) .

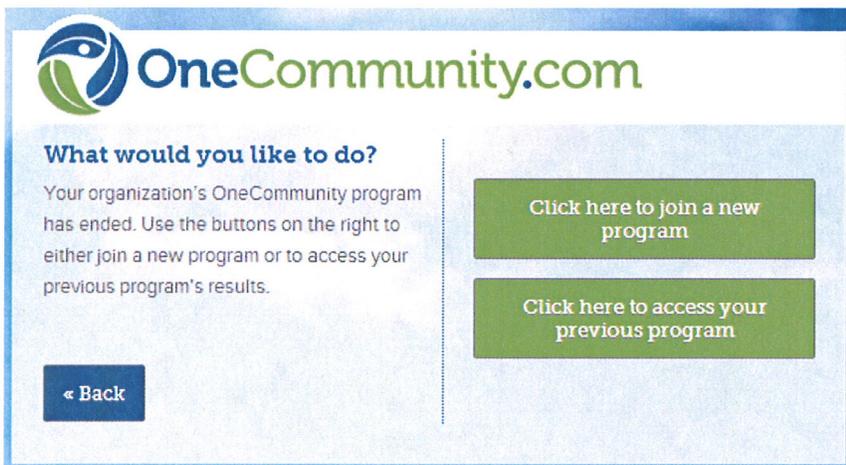
continue for step-by-step instructions.....

For employees/spouses who participated last year

1. Go to www.OneCommunity.com



2. You already have a OneCommunity account. To log in, enter your email address and password, and then click the blue **“Login”** button. Click *“Forgot Password”* if you do not remember your account password.
3. You will be asked if you'd like to join this year's program or access your previous results. Click the **“Click here to join a new program”** button.

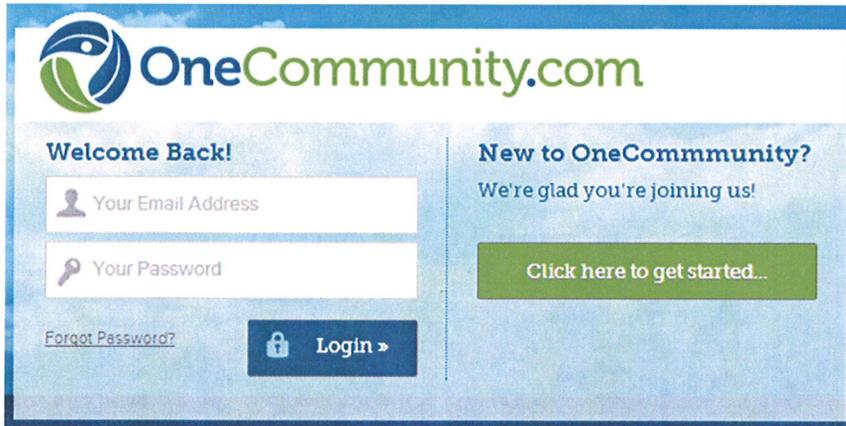


4. When asked for your program's Invitation Code, enter **county2014**
5. That's it! You are now logged in to this year's program and can complete the health survey and utilize OneCommunity's Health Tools. After your screening results are entered, you will be notified that your health results are ready.

Program Instructions

For employees/spouses who did NOT participate last year

1. Go to www.OneCommunity.com



2. Click the green **“Click here to get started”** button.
3. You will be guided through the registration process, which creates your OneCommunity account. You'll be asked for demographic information such as your name, date of birth, and address. You'll also be asked to create a username (your email address) and a password.
4. When asked for your program's Invitation Code, enter **county2014**
5. That's it! You are now logged in to this year's program and can complete the health survey and utilize OneCommunity's Health Tools. After your screening results are entered, you will be notified that your health results are ready.