

Health



Awareness

Fair

**Seasonal
flu shots
available**

*SPOUSES
WELCOME!*

Blood Pressure, Blood Sugar and Total Cholesterol, HDL Screening, Ht, Wt, Waist and Hip Circumference, BMI and Personal Health Risk Report.

All participants will receive immediate results with one-on-one counseling and educational materials.

Your Health Risk Report will be available online.

Screening takes approximately 15 minutes.

Blood sample is performed by the finger-stick method.

This is a non-fasting test.

You should take your medications at the usual times.



Lake Hospital System is now Lake Health.

You must complete a health questionnaire and schedule your screenings online at: www.OneCommunity.com—passcode:county2013

Employees must participate in one of the following screenings to be eligible for a discount on their 2014 Medical Premium.

Appointments must be scheduled 48 hours prior to screening date.

DATE	LOCATION	TIME
Tuesday, October 1st	Administration Assembly Room	8:30-4:30pm
Thursday, October 3th	Courthouse Annex	8:30am-4:30pm
Tuesday, October 8th	Lake Co. Krone Utility	8:30am-1pm
Thursday, October 10th	Health District	8:30am-4:30pm
Tuesday, October 15th	Juvenile Court	8:30am-4:30pm
Thursday, October 17th	Sheriff's Department	6am-4:30pm
Tuesday, October 22nd	Job & Family Services	8:30am-4:30pm
Thursday, October 24th	Job & Family Services	8:30am-4:30pm
Tuesday, October 29th	Engineer	8:30am-4:30pm
Thursday, October 31st	Administration Assembly Room	8:30am-4:30pm

**Giveaways
&
Drawings!**

