



Outpatient Services

The Wellness Institute offers the following Outpatient Services:



Acupuncture:

An ancient system of healing that allows the body to balance and heal itself. Used for joint pain, neurological problems, headaches, rheumatologic disorders, digestive disorders, infertility, sleeping disorders, stress, stroke, allergies, and more. Facial rejuvenation and cosmetic acupuncture are also offered.

Medical Massage:

Chair massage – focuses on the neck, head, shoulders, back, arms, and hands



Relaxation massage – leaves you feeling tranquil and relaxed

Swedish massage – designed to relieve tension and stiffness

Deep tissue massage – penetrating techniques that stimulate circulation, detoxify, and reduce muscle tension and stiffness

Sports massage – assists muscle recovery following sports events to help athletes optimize performance

Lymphatic massage – can help post-operative healing, the scarring process by enhancing circulation, scar tissue healing and immunity, sports injuries, and swelling relief following plastic surgery



Reiki:

A non-intrusive, ancient, oriental art of hands-on healing that can help reduce pain, illness, and emotional trauma.

**For more information and pricing, call The Wellness Institute at 440-375-8153.
To schedule an appointment, call Centralized Scheduling at 1-866-652-5253.**