



CHANGE STARTS HERE

AT WEIGHT WATCHERS, YOU LEARN HOW SMALL
CHANGES CAN LEAD TO BIG RESULTS SO YOU
CAN LOSE WEIGHT AND KEEP IT OFF.

 **WeightWatchers®**
BECAUSE IT WORKS.

**Experience Weight Watchers meetings right here in your workplace.
Sign-up for a 17-week At Work* meeting series and get 19 weeks of eTools FREE**!**

**Group Support, personal accountability, and motivation to help make healthy,
responsible, lifestyle changes.**

(Thursday), (September 16, 2010)

(4:45 pm) (Administration Building, Assembly Room)

(17 Weeks) for (\$186.00)

(Cash, checks, and credit cards will be accepted)

Please register with Jackie Via, Wellness Coordinator at 350-2748

by Monday, September 13, 2010

*Available in participating areas only. Minimum enrollment required. **Must purchase a 17-week series to get 19 weeks of free eTools. Your eTools subscription will automatically renew each month at \$12.95 per month, unless you cancel before the end of your 19 free weeks of eTools. Visit www.weightwatchers.com/cancel for instructions on how to cancel. Offer available in participating areas only.

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