

CHART Meeting Agenda  
Thursday, August 5, 2010  
1:30-3:00 PM

Introductions

- A. State Advisor Update
- B. New Members

Community Action Plan (CAP)

- A. New Template – call August 25 at 1 p.m.
- B. Sub Team Updates & Comments
  - a. Community at Large
  - b. School
  - c. Worksite
  - d. Community Institution/Organization

CHANGE Tools

- A. Review Assignments
- B. Due to Tori on or before **August 20, 2010**

Budget/Funding

- A. Additional \$2,000
  - a. Requirements

CHART Walk in Painesville

- A. Our Message

Old Business

- A. Learning Institute – Update

New Business

Next Meetings

- A. CHART October 7, 2010 at 1:30 PM
  
- B. Sub Team Meetings
  - 1. Community-at-Large September 14, 2010 at 1 PM
  - 2. Community Institution/Organization September 20, 2010 at 2 PM
  - 3. School September 9, 2010 at 9 AM
  - 4. Worksite September 14, 2010 at 3 PM

ACHIEVE  
CHART Meeting  
August 5, 2010

**Members Present:**

Bennett, Dick	Lake County YMCA
Cook, Donnamarie	Cleveland Clinic Family Health Centers
Gill, Ken	Neighboring
Gilmer, Dave	Lake County Community Improvement Corporation
Horvath, Beth	Lake County YMCA
Katz, Brian	Willoughby Parks and Recreation
Luyster, Tori	Lake County General Health District
Madewell, Stephen	Lake Metroparks
Minjares, Sharon	Lake Health Systems
O'Hearn, Maureen	Lake County General Health District
Salkiewicz, Traci	Lake County Engineers Office
Siciliano-Miller, Lisa	OSU Cooperative Extension Office
Zeller, Cathy	Starting Point

T. Luyster opened the meeting at 1:38 p.m.

**Introductions**

No introductions were provided due to the fact that no new members or visitors were present.

**State Advisor Update**

Jan Meyer with the Ohio Department of Health replaced Bonnie Hoppel and is our new ODH State Advisor for ACHIEVE. Bonnie will not be returning to work. As far as we know, Jan Meyer will remain in this position.

**New Members**

T. Luyster provided an update on two new CHART members, Donnamarie Cook with Cleveland Clinic and Johanna Henz with Lake County Free Clinic. D. Cook sat in on our last meeting and has joined the school sub team and J. Henz is currently on maternity leave and upon her return will join the worksite sub team. D. Cook replaced Joelle Maygar who resigned from Painesville City schools and J. Henz replaced Jennifer Perkins who resigned from Neighboring. Neither of them could continue their position on the CHART.

**Community Action Plan (CAP):**

**New Template**

Tori Luyster displayed the new template that will be due by September 30, 2010 to NACDD. The new template is a requirement and there will be a call on August 25 at 1 p.m. to help us transition to the new template.

**Sub Team Updates & Comments**

**Community at Large**

Dick Kotapish stated that Jason Boyd is continuing to work on a "multi-mobile plan" map countywide. An ACHIEVE booth will be set up for the Lake County Fair. D. Kotapish has developed a banner and business cards for this booth. We will also provide free materials on physical activity and nutrition.

**School**

Traci Salkiewicz stated that 7 grant applications were received. All 7 were funded. Each of the grantees are in one of three districts: Willoughby-Eastlake, Painesville, and Mentor. The grants will fund mostly environmental changes and consist of healthy food tasting, walking, biking, and a dance class for every 5<sup>th</sup> grader in a particular school that applied. A second grant opportunity

will be provided to the schools at the end of August with an October 1, 2010 deadline. Tori Luyster mentioned that Perry Schools has adapted a national program called "Just Run!" The Health District is hoping to offer a Just Run workshop in partnership with Perry Schools to all districts in the fall and invite them to participate in next year's Just Run event.

### **Worksite**

Tori Luyster stated that 4 businesses, including Neighboring, Fredon Corporation, Lincoln Electric, and Avery Dennison, have signed the MOU for money to support worksite wellness policies and environmental changes in their business. Many of the businesses are hesitant to agree to policy changes and are taking the environmental change route instead. Ken Gill talked about the health screening that was offered to employees as their first environmental change in partnership with ACHIEVE. ACHIEVE will pay for the cost of the employees that attended that do not get healthcare through the company. Tori Luyster mentioned that next year, we will likely consider offering a workshop to businesses on worksite wellness. We can recruit businesses to submit grant applications for ACHIEVE dollars from the attendees of the workshop.

### **Community Institution/Organization**

The second Diabetes class is scheduled to start on September 14, 2010. Discussion took place about purchasing Farmer's Market vouchers and how they can be redeemed. Steve Madewell mentioned that we should consider having vouchers printed up at no cost and should pay for them after they have been used at the market. This way we do not lose money on any vouchers that were not used at the market but have been paid for. The CIO group will be meeting in August or September to move forward with day cares and decide how we can best work with them on ACHIEVE initiatives. Cathy Zeller and Lisa Miller will head this up.

## **CHANGE Tools**

### **Review Assignments**

Tori Luyster reviewed the assignments for each tool that still needs completed. She emailed reminders to those who did not RSVP for this meeting. Beth Horvath will email Steve Norton/Richard Schule and Mary Ann Blakeley to remind them about their CHANGE tools.

**Due to Tori on or before August 20, 2010**

## **Budget/Funding**

### **Additional \$2,000**

#### **Requirements**

We have applied for and accepted an additional \$2,000 from NACDD to participate in a mentoring program and social marketing training. We will be required to update the national website as part of this.

## **CHART Walk in Painesville**

### **Our Message**

Tori provided the physical activity guidelines for children, adults, and older adults. Each member of the CHART picked up an ACHIEVE t-shirt. 12 members participated in the 2 mile walk through downtown Painesville. Pictures will be taken and a press release will be sent out.

## **Old Business**

### **Learning Institute- Update**

Cathy Zeller is unable to attend, therefore, Tori Luyster and Beth Horvath will attend. Jan Meyer will attend, as well. A conference update will provided at our next meeting.

## **New Business**

Tori Luyster passed around a flyer to promote a Land Use Summit that will be held on August 19, 2010 at the Cuyahoga County Board of Health.

**Next Meetings**

**A. CHART**

**October 7, 2010 at 1:30 PM**

**B. Sub Team Meetings**

**5. Community-at-Large**

**September 14, 2010 at 1 PM**

**6. Community Institution/Organization**

**September 20, 2010 at 2 PM**

**7. School**

**September 9, 2010 at 9 AM**

**8. Worksite**

**September 14, 2010 at 3 PM**

Respectfully Submitted,  
Maureen O'Hearn  
Tori Luyster