



## Lake County General Health District

### Meeting Minutes

<b>Subject</b>	ACHIEVE Wellness CHART	<b>Date</b>	8/8/2013
<b>Facilitator</b>	Katelyn Barbis	<b>Time</b>	1:30 p.m.
<b>Location</b>	Lake County General Health District	<b>Scribe</b>	Katelyn Barbis
<b>Attendees</b>	Katelyn Barbis (Lake County General Health District) Dick Bennett (YMCA) Lee Homyock (City of Painesville) Ron Graham (Lake County General Health District) Tim Manross (Village of Fairport Harbor) Sharon Minjares (Lake Health) Gary Robinson (Lake Health) Sharon Sharpnack (Lake Metroparks)		

Key Points Discussed		
No.	Topic	Highlights
1.	ACHIEVE Wellness Community Recognition Application	<p><i>Name Change:</i> It was discussed whether or not the title of the application should be changed from an "application" to a "process". Katelyn's thinking was that we do not want to discourage communities from applying, and if they are serious about making change, we should capitalize on that. The group decided against that thought. We will be sticking with an application process that has to be approved.</p> <p><i>County Health Rankings &amp; Roadmaps:</i> The group was shown a <a href="#">tutorial</a> on What Works for Health (WWFH). WWFH is part of the Roadmaps which provides communities with information to help select and implement evidence-informed policies, programs, and systems changes that will improve health factors. Tim Manross suggested, and the group agreed, the more information, tools, and resources ACHIEVE can offer to these communities, the more likely they will work towards change. The last piece of the application will be to layer in a timeline.</p> <p><i>Funding/Technical Assistance:</i> Most of the funding coming from ACHIEVE will be in-kind support from the committee members that are interested in serving as technical assistance agents. A new idea of using funds, if available, was to send critical staff members from the communities to appropriate conference, trainings, etc. per their priority area. The TA piece will be more crucial than the funding.</p>
4.	Community Health Improvement Plan (CHIP)	The sub-committees discussed goals and upcoming work efforts specific to each group. These will be reflected in the updated CHIP.
5.	Sub-Committee Updates	<p><i>Aging:</i> The group is still working on securing a location for the chronic disease management class. Donna Cook will be teaching the class. We are hoping to start in October; the classes last 6 weeks long and are 2-2.5 hours each.</p> <p><i>Behavioral Health:</i> Reggie Case, Smoking Cessation educator with Lake</p>

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No.	Topic	Highlights
		<p>Health, prepared a PPT for ADAMHS funded agencies to play in their waiting areas. The PPT focuses on statistics, facts, benefits of quitting, tips, who to contact, etc. The Basic Food Management class will start the beginning of the year.</p> <p><i>Community:</i> The FNP is already ahead of the numbers from last year. Going into August last year, 70 participants had been reached; this year, 100 have been reached going into August. Grants for community gardens will be looked into to implement in lower income neighborhoods.</p> <p><i>School:</i> The electronic assessment will be sent to the different points of contact in the schools (principal, school nurse, food service, and physical education teacher). The assessments will be sent with success stories from other schools and awareness pieces of ACHIEVE.</p> <p><i>Worksite:</i> The group continues to work on the Toolkit for Employee Wellness.</p>
8.	CPS-3	<p>The goal in Lake County was to enroll 576 participants. From June 26<sup>th</sup> to July 13<sup>th</sup> 358 participants enrolled in CPS-3. Individuals can still enroll in September in Chardon, Lyndhurst, Warrensville Heights and North Royalton. Please continue encouraging folks to do so.</p> <p><a href="http://www.cps3lake.org/">http://www.cps3lake.org/</a></p>
	NACDD E-Bulletin	<p>ACHIEVE Wellness Lake County will be featured in the August edition of the NACDD's e-bulletin. The article will cover the School sub-committee efforts. The e-bulletin comes out sometime between the 3<sup>rd</sup>-4<sup>th</sup> weeks in August. The link will be sent when available.</p>

Action Plan			
No.	Action Item(s)	Owner	Target Date
1.	Create a timeline as a final layer of the ACHIEVE Community application.	K. Barbis	October 2013
2.	Update CHIP to reflect sub-committee goals and objectives.	K. Barbis	October 2013

*Next Meeting:* Thursday, October 10<sup>th</sup> at 1:30 p.m. **LOCATION TBD**