



Lake County General Health District

Meeting Minutes

Subject	ACHIEVE Wellness CHART	Date	6/6/2013
Facilitator	Katelyn Barbis	Time	1:30 p.m.
Location	Lake County General Health District	Scribe	Katelyn Barbis
Attendees	<p>Matt Battiato (Job and Family Services) Dick Bennett (YMCA) Cheryl Cairns (Cleveland Clinic) Kim Frasier (ADAMHS) Ken Gill (Beacon Health) Ron Graham (Lake County General Health District) Beth Horvath (YMCA) Angela Kaloush (American Cancer Society) Sally Klock (Family Council) Carol Mangino (Lakeland Community College) Sharon Minjares (Lake Health) Steve Norton (Steris) Sharon Sharpnack (Lake Metroparks) Katelyn Barbis (Lake County General Health District)</p>		

Key Points Discussed

No.	Topic	Highlights
1.	ACHIEVE Wellness Community Recognition Application	An executive summary was added given April's discussion. Each committee member that was present received the executive summary which is also attached to the email. There were no comments regarding the application or the executive summary. We are looking at a launch date sometime in the Fall.
2.	County Health Rankings/Roadmaps to Health	Katelyn reviewed the County Health Rankings website with the group. The focus was on the portion of the website titled, "Roadmaps". Roadmaps is dedicated to educating communities on what they can do to create healthier communities. It offers resources, tools, and scientifically sound policies and program to use to improve the community's health. This falls in line with Gary Robinson's suggestion to align ACHIEVE's initiatives with what the County Healthy Rankings base their scores off. At the July sub-committee meetings, the groups will review the website, policies, and programs that may be relevant to the committee.
3.	RWJF Roadmaps to Health Prize	This is a prize awarded annually to honor outstanding community efforts and partnerships to help create healthier lives in the community. Communities who are chosen receive \$25,000 cash as a prize and have their successes further celebrated and shared. Lake County applied and used the following as the 4 main accomplishment requirements: Corner Store Assessment, The Enchantment of Living Healthy, JUST RUN Lake County, and the Mentor & Concord Community Gardens.

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4.	Community Health Improvement Plan (CHIP)	Ron Graham cleared up the function of CHIP. The document is a working document and the strategies and objectives that are listed, can be altered. At the July sub-committee meetings, goals and objectives will be reviewed that are relevant to each sub-committee that will allow us to track the work that is being completed.
5.	Sub-Committee Updates	<p><i>Aging:</i> Katelyn has been in contact with Donna Cook about bringing the Healthy U class from Stanford to Lake County. Healthy U is a chronic disease management class. Katelyn was on the Council on Aging's radio show, Aging World, to promote the FNP classes on June 5th.</p> <p><i>Behavioral Health:</i> Smoking cessation will be the current focus. The group is going to start small with simple education in lobby areas in ADAMHS funded agencies and grow the program from there. The group also received a proposal (attached to the email) from Bridges to fund a Basics of Food Management Class that will provide cooking wear to 10 consumers and will follow a food management curriculum over a 6 week period. Ron Graham committed \$1,000 from the Health District to fund the class.</p> <p><i>Community:</i> The FNP will begin this week. Two new class locations were added: Mentor Beach Park and the Mentor Senior Center due to the Mentor Famers Market move to the Civic Center which will be open May – September. The group funded a learning garden at Deepwood Vocational Center to be used to teach the clients how to garden and grow healthy foods.</p> <p><i>School:</i> The electronic assessment will be sent to the different points of contact in school (principal, school nurse, food service, and physical education teacher). The assessments will be sent with success stories from other schools and awareness pieces of ACHIEVE.</p> <p><i>Worksite:</i> The group is looking to create a form that will be sent to local businesses and organizations that wish to be part of the Employee Wellness Toolkit.</p>
6.	JUST RUN Lake County 5K	JUST RUN Lake County ended up with a total of 765 students across 5 school districts including 3 community sites. A group of 301 student runners and 175 parent runners ran the JUST RUN Lake County 5K on Saturday, June 8 th . We had an excellent turn out and heard nothing, but good things about the event. A group of 70 students ran the Lake County Captains' 5K on Sunday, June 9 th and the last group of runners will be running the Lake Health 5K on Sunday, June 16 th .
7.	Enchantment of Living Healthy	The 1 st Annual Enchantment of Living Healthy event was held on Saturday June 8 th , 2013 in conjunction with several community partners and sponsors. Radio Disney supported the Ultimate Field Day by providing endless physical activities for both the children and their families in Veteran's Park in the Village of Fairport Harbor. Events included relay races, healthy snack challenges, "dance offs", and more for four straight hours. Families surveyed all responded that it was a great event and were impressed that it was free to the public. Exhibitors also challenged parents and children alike to do jumping jacks, crafts, and other interactive games in order to win promotional items such as Frisbees, t-shirts, cook books, and pencils. The vendor, "All Shook Up", was a huge hit as they literally "shook" up fresh fruit drinks from a menu list. The face painting booth had over 40 families in line for the entire period from noon to 4pm. The evening finished off with the Next Big Thing concert, complete with a celebrity "meet and greet", luminaries, and more. It is estimated that over 3,500 individuals participated in the day's events despite other events held the same day. The partners will meet in July to identify the goals for next year's event

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		which will certainly be "bigger and better"!
8.	CPS-3	Please continue encouraging folks to pre-register for the study. They can do so at www.lakecps3.org , http://www.cps3lake.org/

Action Plan			
No.	Action Item(s)	Owner	Target Date
1.	Tie Roadmaps to Health into the AWCR Application.	K. Barbis	August
2.	Review the executive summary for the AWCR and let Katelyn know of any additions/changes.	All	August

Next Meeting: Thursday, August 8th at 1:30 p.m. at the Health District