

Thursday, February 2, 2012

Introductions

Time Warner

Budget

- a. Current
- b. Additional \$

Sub Team Updates

- a. New Teams – Aging & Mental Health
- b. Community
 - 1. Sidewalks in Townships
 - 2. NEO Planning & Zoning Workshop
 - 3. Automated Bike Racks
 - 4. Bike Days 2012
 - 5. Food & Nutrition Classes
 - 6. Website – New Features
- c. School
 - 1. Fundraising
 - a. Booklet
 - b. County-Wide Event
 - 2. Grants
 - a. Site Visits
 - b. School Gardens
 - c. School of a Healthier Tomorrow
 - 3. “Weighting Game” – Obesity Plays
- d. Worksite
 - 1. Business Health & Wellness Fair
 - 2. Resource Guide
 - 3. Mini Grants

NACDD Funding

- a. 2012 ACHIEVE Mentor – not funded
- b. Federal \$\$

Next Meetings

- A. CHART April 5 at 1:30 p.m.
- B. Sub Team Meetings
 - a. Community March 21 at 1:30 p.m.
 - b. School March 22 at 9 a.m.
 - c. Worksite March 13 at 3:30 p.m.
 - d. Aging TBD
 - e. Mental Health TBD

ACHIEVE Wellness Committee
Meeting Minutes

Thursday, February 2, 2012

1:30 p.m.

Partners Present:

| | |
|------------------------|--|
| Matt Battiato | Lake County Job and Family Services |
| Dick Bennett | Lake County Y |
| Ellen Cantor | Council on Aging |
| Donnamarie Cook | Cleveland Clinic Family Health Centers |
| Ron Graham | Lake County General Health District |
| Brian Gibson | Morris Family Chiropractic |
| James Gills | Lake County Engineers' Office |
| Johanna Henz | Lake County Free Clinic |
| Lee Homyock | Department of Recreation and Public Lands, Painesville |
| Beth Horvath | Lake County Y |
| Brian Katz | Willoughby Parks and Recreation |
| Sally Klock | Lake County Family & Children First Council |
| Dick Kotapish | Lake County GIS Department |
| Carol Mangino | Lakeland Community College |
| Sharon Minjares | Lake Health |
| Steve Norton | Steris Corporation |
| Gary Robinson | Lake Health |
| Traci Salkiewicz | Lake County Engineers Office |
| Sharon Sharpnack | Lake Metroparks |
| Siciliano-Miller, Lisa | OSU Cooperative Extension Office |
| Tori Sinclair | Lake County General Health District |
| Dan Troy | Lake County Commissioners |
| Gauri Wadhwa | American Cancer Society |
| Denise Ward | Painesville City Schools |

Guests Present:

Renee Lanzara Great Lakes Mall

Introductions were made around the table.

Time Warner

1. Jeanette Geer, Healthcare Strategy Manager
 - Activate: 3-year outreach campaign to educate and engage families and provide resources; "My Life on Demand" channel 497.
 - Looking to engage and partner with ACHIEVE Wellness in the future.

Budget

1. Current
 - As of 1-17-12, the remaining balance was \$34, 401.23.
2. Additional

- \$20,000 is pending and will go before the Health District Board for approval in March. If approved, this will be added to our budget.

Other Updates (based on recent discussions with partners):

- Mission: To become the healthiest county in Ohio.
- Vision has not changed: Lake County residents of all ages will lead healthy lifestyles that include consuming nutritious foods and engaging in higher levels of physical activity.
- We are doing away with the term, “CHART” (Community Health Action Response Team) and will call this group the ACHIEVE Wellness Committee.
- We are going to refer to ACHIEVE as “ACHIEVE Wellness Lake County” (using the full name) in order to ensure the community and other potential partners understand the initiative.

Sub Team Updates

New Teams

1. Mental Health
 - Kim Fraser will lead this group and anticipates a first meeting to take place in March.
2. Aging
 - Ellen Cantor will lead this group and anticipates a first meeting to take place in May.

Community

1. Sidewalks in Townships
 - Jason Boyd is working to set up a meeting during this month with township administrators to begin the conversation.
2. NEO Planning & Zoning Workshop
 - Tori Sinclair is attending the first planning meeting for this tomorrow. She has already contacted several national initiatives, such as Safe Routes to School, America Walks, and Complete Streets and has potential speakers in mind. ACHIEVE will help to partially or fully fund these speakers. Look for an e-mail voting opportunity when details are worked out.
3. Automated Bike Racks
 - Lee Homyock is looking into this for the City of Painesville.
 - Tori Sinclair will need to follow up with Sharan Sharpnack to find out if this is something Lake Metroparks is willing to do.
4. Bike Days 2012

- These events will take place from May 18 to June 24 in the following communities: Wickliffe, Willoughby, Painesville, Concord, Mentor, Perry and Madison.
- The event goals are the same as they were for the initial date, which was canceled last fall. Visit the website for more information.

5. Food/Nutrition Classes

- Planning meeting for this will take place on Monday, February 6, 2012. Partners will explore the idea of having these classes at the east and west end of the counties at the Y locations.

6. Website

- Will have a menu of apps available for download that have to do with health and wellness.
- The site will be formatted a little differently, so that it is broken down by schools, worksites, etc. and will have resources available to each sector. We need to build out community resources. Dick Kotapish will contact partners for info that should be included as resources.

Schools

1. Fundraising

- Booklet: the booklet that was developed last year, will be mailed a second time with a survey for feedback from the schools. This should go out next week.
- County-Wide Event: we are looking into hosting an event in the fall for private and public schools to participate.

2. Grants

- Site Visits: we are setting up visits to the schools that have received funding from us for the 2011-12 school year between now and May.
- School Gardens: This spring the grants will be for school gardens only.
- School of a Healthier Tomorrow: Willoughby-Eastlake Schools is still interested in the \$10,000 grant, however details will need worked out and Donnamarie Cook will put together a meeting.

3. “The Weighting Game” – Obesity Play

- Additional performances are set for May.
- A video of the performance may be made available for future viewing.

Worksite

1. Business Health & Wellness Fair

- We’re looking into doing this event at the mall in the fall of 2012.

2. Resource Guide

- The group is going to develop a resource guide for businesses.

3. Mini Grants

- After more funding is allocated, the group will plan to fund a few businesses again this year, however the application will not be open-ended, but rather it will specify what a worksite must do with the funding.

NACDD Funding

1. 2012 ACHIEVE Mentor Application – we were not chosen for this.
2. Federal \$\$ - the group should have received Tori's email with this update. The CDC is no longer funding any national organizations to select ACHIEVE communities every year. The current 124 communities in the United States and 6 in Ohio will not have additions in the coming years.

Next Meetings

ACHIEVE Wellness Committee Meeting: April 5 at 1:30 p.m.

Sub Committee Meetings:

| | |
|---------------|-----------------------|
| Community | March 21 at 1:30 p.m. |
| Schools | March 22 at 9 a.m. |
| Worksite | March 13 at 3:30 p.m. |
| Aging | TBD |
| Mental Health | TBD |

Respectfully submitted,
Beth Horvath
Tori Sinclair